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### **Abstract**

#### **Communicative Psychotherapy Adapted for the Psycodinamic Group Setting in the treatment of pathological interpersonal dynamics of identity.**

Psychoanalytical psychotherapy view on the sense of personal identity shows a paradoxical aspect. It enhance the knowledge of the self, particularly of the unconscious. However, simultaneously, it stresses the gap between the knowledge of ourselves and what is thought inside our mind. This gap seems to exist only if we observe the process on an intellectual level.

Group psychotherapy (as well as individual psychotherapy) shows his efficacy in the treatment of pathological interpersonal dynamics of identity. A case report of Communicative Psychodynamic Psychotherapy Group (CPP-G) is presented to illustrate how one of the mechanisms through which sense of identity is reinforced in patients is a *disidentification* with the current contents of mind. This is a *non-conceptual, self-organisational* process that occurs by the *recurrent work of attention to the present* wisdom of deep unconscious mind. A bridge is opened among the wise deep unconscious part of the mind and the operational conscious one. CPP-G has a theoretical frame and a practical procedure to develop this mechanism.